



Alchemy Cycling Club Training Routes 2021

Route 104 – Ride Joburg Recon

- Left on onto Gordon Road, Left onto HP, Left onto Ontdekkers and Left onto the slip road – Mollie.
- Continue with Mollie (becomes Long Road) till John Adamson and turn Right.
- Cross Beyers Naude, left at the fork (still John Adamson) and continue to the T-Junction
- Right onto 5th Ave and Left onto Olifants Road over the dam and Left at Vaal Road
- Right onto Gleneagles Road, cross Barry Hertzog, and continue with Gleneagles over the golf course and left onto Chester to Rosebank.
- Cross Jan Smut and continue all the way to Oxford and turn Left.
- Continue with Oxford (becomes Rivonia Road), through Sandton, and turn Right onto South Road towards Marlboro
- Just before the M1, turn Left onto Edison Street which leads to the Western Service Road next to the highway.
- At Woodlands Drive turn Right and then Left into Woodmead Drive.
- Continue with Woodmead all the way past Kyalami and turn left into Main Road
- Right into Witkoppen, pass Monte Casino and Cedar and turn Left into Kingfisher Drive
- Right into Alexander Ave and Left into Douglas Drive at the T-junction
- Cross the N1 and turn Right immediately into Moray Drive and Right at the T-junction into Cumberland Ave
- Continue with Cumberland till Main Road and turn Right (becomes Bram Fischer)
- Continue with Bram Fischer into Jan Smuts, all the way past Hyde Park, Dunkeld and the Zoo Lake
- After the last climb into Parktown turn Right into Loch Ave
- Left at the circle at Westcliff Drive and Right at the next circle into Napier Drive towards Milpark hospital
- Cross Barry Hertzog, next Right onto Menton and Right again into Kew Road – Rustenburg Road
- Continue with Rustenburg Road to Sabie, turn Left and Right into Hill Road.
- Left into Judith Road all the way to Beyers Naude and turn Right
- Turn Left into Westpark Road and continue all the way to the circle and turn Right into Italian Road.
- Continue all the way to Mollie Road and turn Left. Next Right into Exhibition Road, pass the school and turn right into Bergbron Drive and Left onto Gordon Road back to the start

Distance ± 82km